

Old Mission House  
Staffin  
Isle of Skye

Friday 13<sup>th</sup> March, 2009

TO WHOM IT MAY CONCERN

I have suffered from migraine since the age of 11 – I am now 55. Through those years I have been given every pill and treatment known to mankind to see if it could help alleviate or, better still, get rid of those migraines altogether. Nothing had ever helped. I had treatments that included being told to stop eating every single thing in my diet apart from unleavened bread, brown rice and goat's milk. Yes, I can see myself surviving on that diet for the rest of my life!

Basically, I got to the stage whereby I was getting a migraine on average every second day. For the last 4 years I have been attending Raigmore Hospital in Inverness for checkups – CAT scans, the lot – but nothing has ever been given to me that has helped in any small way, apart from the Sumatriptan, that I was taking in 100mg doses twice a day, ever second day – sometimes every day!

I read, with interest, an article in the Migraine Action magazine about a new device that was being trialed called DEKA-Titan. This is a device you wear round your wrist and it has electrodes that you attach to the top and bottom of your spine to alleviate the pain of migraine (as well as other ailments). Being a presenter of an award-winning Breakfast Show on Cuillin FM, I wrote to the manufacturers and asked if it would be possible to trial this device and, if it worked, then I could certainly 'spread the news' amongst my listeners. I received a very lovely reply from Manfred Lehnert in Germany. He had forwarded my email to his colleague in Hong Kong – Wilson Lee who, in turn, called me to have a chat about my migraines and what DEKA – Titan could do to relieve them. Both of these persons were an absolute delight to correspond with and, it became obvious very early on in the discussions, that they only had my welfare at heart. They arranged for a demonstration version of the device to be sent to me, along with a supply of electrodes.

I was so excited at trying this out and when the next migraine came, I attached the electrodes and the wrist band and waited for the pain to subside. You can imagine my disappointment when the migraine just got worse and worse and I ended up in bed for two days with one of the worst migraines I had ever encountered – due to the fact that I had not taken any medication – relying instead on the DEKA-Titan. I spoke to Manfred and he sent me some other electrodes to try and so I did just that with, unfortunately, the same outcome.

When anyone else would have despaired, I spoke to Manfred once again and he suggested, as a last ditch attempt, to wear the wrist band all the time without the electrodes. Since that day, I have not had a full-blown migraine! I still get headaches but they are manageable with simple paracetamol, unlike before when I would be taking 200mg of Sumatriptan.

I obviously cannot say that this device will work for everyone but I am willing to testify that, by wearing the device constantly (24/7), I have had great relief and cannot thank DE-KA enough for their trust in me and the support they have given. I would recommend anyone to at least give this device a try and see if it works for you – with or without the electrodes – a bit of a miracle machine, if you ask me!!

Sincerely



Nick Wakeham